

Report Title: **Scrutiny Review – Men’s Health: Getting to the heart of the matter**

Report of: **Councillor Winskill, Chair of the review panel**

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Ward(s) affected: **All**

Report for: **[Key / Non-Key Decision]**

1. Purpose of the report (That is, the decision required)

- 1.1. That the Overview and Scrutiny Committee approve the recommendations laid out in the attached report.

2. Introduction by Cabinet Member (if necessary)

- 2.1. N/A

3. State link(s) with Council Plan Priorities and actions and /or other Strategies:

Sustainable Community Strategy

- Healthier people with a better quality of life
- People at the heart of change
- Safer for all

Open Spaces Strategy 2006-2016

- To provide a range of opportunities and facilities for active and passive recreation which can contribute to improved mental and physical health and wellbeing.

Haringey Alcohol Harm Reduction Strategy 2008-2011

- To reduce the levels of chronic and acute ill-health caused by alcohol, resulting in fewer alcohol-related accidents and hospital admissions

Draft Health and Wellbeing Strategy outcome:

- A reduced gap in life expectancy

4. Recommendations

- 4.1. That the Overview and Scrutiny Committee approve the terms of reference of the scrutiny review – Men's Health: Getting to the heart of the matter.

5. Reason for recommendation(s)

- 5.1. Reasons for the recommendations are laid out in the main report.

6. Other options considered

- 6.1. N/A

7. Summary

- 7.1. The Centre for Public Scrutiny (CfPS) is currently running phase two of a health inequalities development programme providing support to successful Overview and Scrutiny Committees to undertake a review into health inequalities.
- 7.2. Haringey Overview and Scrutiny Committee submitted a successful bid in June.
- 7.3. Haringey is therefore one of a number of areas which will help the CfPS to pilot a new 'Return on Investment' model of scrutiny. This new model aims to make scrutiny more outcome focused with clear links to the Marmot objectives and the wider determinants of health. It also aims to assist the panel in forecasting the impact of their recommendations.
- 7.4. To assist in this process each development area has been appointed an expert adviser and is expected to use the CfPS toolkit developed in phase one - '[Peeling the onion](#)'.
- 7.5. Following a decrease in the male life expectancy gap between England and Haringey 2002/04, the gap has again increased over the recent few years. Therefore this remains a key challenge for the borough.
- 7.6. Using the Dahlgren and Whitehead the review intends to build on previous work done to tackle the life expectancy gap. The review will aim to develop recommendations to increase male life expectancy in the ethnically diverse east of the borough – *the corridor of deprivation*. More specifically the review intends to focus on cardiovascular disease and how we engage the local population in:

- Prevention: smoking, physical activity, alcohol, obesity
- **Early intervention** (adults over 40):cardiovascular disease

7.7. The review will not duplicate work already being undertaken, for example by the Health Inequalities Cross Party Working group, but intends to dove-tail and make recommendations to inform this work.

8. Chief Financial Officer Comments

8.1. The Chief Financial Officer confirms that the planned review can be carried out within the current resources of the Policy, Intelligence and Partnerships Unit supported by the equivalent of circa 5 FTE days external resource provided by Centre for Public Scrutiny (CfPS) at no cost to the Council. It is hoped that this resource along with the use of the CfPS ROI model for scrutiny will help to set out clearly defined outcomes from this review which will help measure the effectiveness of the exercise.

8.2. Any financial implications arising from the final report will be covered at that time.

9. Head of Legal Services Comments

9.1.. This report has been considered by the Head of Legal Services and there are no specific legal implications. The Council has the power to implement a broad range of measures by virtue of the well being powers of s.2 of the Local Government Act 2000 - to promote or improve the economic, social and environmental wellbeing of all or any persons resident or present in the authority's area. (Section 2). The proposed review to address health inequalities appears to accord with this duty to develop priorities identified in the Sustainable Community strategy.

10. Service Financial comments

10.1. This review will be carried out within the current resources of the Policy, Intelligence and Partnerships Unit.

10.2. Any financial implications of the final report will be covered within that report.

11. Head of Procurement Comments – [Required for Procurement Committee]

11.1. N/A

12. Equalities & Community Cohesion Comments

- Circulatory diseases are one of the major causes of death and illness locally, accounting for 33% off all deaths in 2006/08.

- Deaths from circulatory disease are not evenly distributed across Haringey, with significantly higher rates observed in the East of the borough.
- Male life expectancy in Haringey is lower than the England and London average and within Haringey there are significant inequalities (of up to 9 years between the more affluent West and the more deprived East).
- People in lower socio-economic groups are less active than those in the higher socio-economic groups, at levels of 14.4% and 24.6% respectively.
- 23.2% of the adult population took part in moderate sport and physical activity three times a week for at least 30 minutes in 2008/09; the participation rate is lower in the East of the borough.
- Obesity varies considerably across the borough with an estimated 25% of residents in the East of the borough obese.
- There is an over representation of hospital admissions for circulatory diseases in ethnic minorities in the borough.

13. Consultation

- 13.1. The scoping report has been discussed and approved by the Scrutiny Panel and has been discussed with attendees for example, public health, Tottenham Foundation and Local Involvement Network.

14. Use of appendices /Tables and photographs

- 12.1 Please see main report.

15. Local Government (Access to Information) Act 1985

[Sustainable Community Strategy](#) 2007-2016, Haringey Council, 2007

[Open Spaces Strategy 2006-2016](#), Haringey Council, 2006

[Haringey Alcohol Harm Reduction Strategy 2008-2011](#), Haringey Council, 2008

[Draft Health and Wellbeing Strategy](#), Haringey Council

Redoubling Efforts to achieve the 2010 National Health Inequalities Life Expectancy Target. Resource Pack. Department of Health, 2010.

Five Year Strategy 2009-2013. NHS Nottingham City, 2009

Health Survey for England 2006-8, 2008

Healthy Lives, Healthy People, Department of Health, 2010

Fair Society, Healthy Lives, Marmot Review, 2010

[Marmot indicators for Local Authorities in England](#), **London Health Observatory, 2010**
[London Health Inequalities Strategy](#), Greater London Authority, 2010
[The London Health Inequalities Strategy – First Steps to Delivery to 2012](#), 2011
[Peeling the onion](#), Centre for Public Scrutiny, 2010